



# LETTING GO OF CLUTTER

## *decision making checklist*

## DOES IT STAY OR GO?

Determine how you will make decisions about letting go of your stuff. What guidelines will you use to choose what to keep and what to let go of?

## SOME IDEAS TO GET YOU STARTED:

- How long has it been since I used this? (unless seasonal, clothes, or shoes for special occasions)
  - How likely am I to use it in the next 6 to 12 months?
  - Is there a way to borrow or use one should I need it?
  - Depending on what it is, can I replace it if needed for less than £xx?
  - Is it something someone else may need more than I?
  - Is there a reason to keep this (pass it on to my family member, one-of-a-kind)?
  - Is there a reason to let this go (need the space for something else, available online or at the library)?
  - Why is it important to keep it? (family treasure, practical reasons)
  - Is it broken or damaged? (Does it need to be replaced, fixed, or donated?)
  - Do I have a duplicate?
  - Other:
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